

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:4, starttime: 14:37
Heat: 4/6 Lane : 6 Athlete: BLONDEEL NILS					Q-time: 01:08:87
PB (25m pool): 01:10.20 EEKLO 04/10/2026					PB (50m pool): 01:11.14 SB: 01:10.20 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.82		01:10.20	
		00:34.82		00:35.38	
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:4, starttime: 14:37
Heat: 4/6 Lane : 7 Athlete: VERNAILLEN SEPPE					Q-time: 01:10:75
PB (25m pool): 01:10.76 Temse 17/11/2025					PB (50m pool): 01:11.35 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.46		01:10.76	
		00:34.46		00:36.30	
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 13-14					Heat:1, starttime: 14:43
Heat: 1/6 Lane : 4 Athlete: LEGRAND ALICIA					Q-time: 01:18:45
PB (25m pool): 01:18.45 Temse 31/05/2026					PB (50m pool): 01:20.79 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.67		01:18.45	
		00:38.67		00:39.78	
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE WOMEN 13-14					Heat:6, starttime: 14:55
Heat: 6/6 Lane : 4 Athlete: EELBODE EMELIE					Q-time: 01:06:60
PB (25m pool): 01:06.60 Temse 31/05/2026					PB (50m pool): 01:08.24 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.16		01:06.60	
	00:33.16		00:33.44		
					

Coach feedback:

Event number: 15: 50M BACKSTROKE MEN 15-16					Heat:2, starttime: 14:59
Heat: 2/4 Lane : 7 Athlete: WOJCIULA TYMON					Q-time: 00:30:02
PB (25m pool): 00:30.02 EEKLO 04/10/2026					PB (50m pool): 00:30.46 SB: 00:30.02 EEKLO 04/10/2026
	2 5 M	5 0 M			
PB		00:30.02			
	00:30.02				
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 15-16					Heat:1, starttime: 15:28
Heat: 1/3 Lane : 2 Athlete: RUYSSINCK DIEDE					Q-time: 00:36:96
PB (25m pool): 00:36.96 Gent 23/02/2025					PB (50m pool): 00:37.03 SB: no time
	2 5 M	5 0 M			
PB		00:36.96			
	00:36.96				
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 15-16					Heat:2, starttime: 15:29
Heat: 2/3 Lane : 6 Athlete: BULLEN LOTTE					Q-time: 00:36:30
PB (25m pool): 00:36.30 Temse 17/11/2025					PB (50m pool): 00:37.58 SB: 00:36.64 EEKLO 04/10/2026
	2 5 M	5 0 M			
PB		00:36.30			
	00:36.30				
					

Coach feedback:

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Event number: 21: 50M FREESTYLE MEN 13-14			Heat:2, starttime: 15:33
Heat: 2/5 Lane : 5 Athlete: WALTNIEL BAVO			Q-time: 00:29:46
PB (25m pool): 00:29.46 EEKLO 04/10/2026			PB (50m pool): 00:29.92 SB: 00:29.46 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:29.46	
		00:29.46	
			

Coach feedback:

Event number: 21: 50M FREESTYLE MEN 13-14			Heat:3, starttime: 15:34
Heat: 3/5 Lane : 2 Athlete: TER-EGANYAN ARMAN			Q-time: 00:29:17
PB (25m pool): 00:29.17 EEKLO 04/10/2026			PB (50m pool): 00:29.40 SB: 00:29.17 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:29.17	
		00:29.17	
			

Coach feedback:

Event number: 21: 50M FREESTYLE MEN 13-14			Heat:4, starttime: 15:35
Heat: 4/5 Lane : 4 Athlete: BOMBEECK MATHIAS			Q-time: 00:27:60
PB (25m pool): 00:27.60 EEKLO 04/10/2026			PB (50m pool): 00:28.87 SB: 00:27.60 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:27.60	
		00:27.60	
			

Coach feedback:

Event number: 21: 50M FREESTYLE MEN 13-14			Heat:4, starttime: 15:35
Heat: 4/5 Lane : 7 Athlete: VERNAILLEN SEPPE			Q-time: 00:28:16
PB (25m pool): 00:28.16 EEKLO 04/10/2026			PB (50m pool): 00:29.24 SB: 00:28.16 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:28.16	
		00:28.16	
			

Coach feedback:

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Event number: 22: 50M FREESTYLE WOMEN 13-14			Heat:3, starttime: 15:39
Heat: 3/5 Lane : 2 Athlete: DE SMET LILY			Q-time: 00:29:51
PB (25m pool): 00:30.17 Gent 23/02/2025			PB (50m pool): 00:29.51 SB: no time
	2 5 M	5 0 M	
PB		00:30.17	
	00:30.17		
			

Coach feedback:

Event number: 22: 50M FREESTYLE WOMEN 13-14			Heat:3, starttime: 15:39
Heat: 3/5 Lane : 7 Athlete: OSSELAER GEIKE			Q-time: 00:29:61
PB (25m pool): 00:29.71 T ROSCO 12/10/2025			PB (50m pool): 00:29.61 SB: 00:29.83 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:29.71	
	00:29.71		
			

Coach feedback:

Event number: 22: 50M FREESTYLE WOMEN 13-14			Heat:4, starttime: 15:40
Heat: 4/5 Lane : 8 Athlete: BAYENS NINA			Q-time: 00:29:37
PB (25m pool): 00:29.37 Gent 23/02/2025			PB (50m pool): 00:30.34 SB: 00:29.41 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:29.37	
	00:29.37		
			

Coach feedback:

Event number: 22: 50M FREESTYLE WOMEN 13-14			Heat:5, starttime: 15:41
Heat: 5/5 Lane : 5 Athlete: EELBODE EMELIE			Q-time: 00:27:66
PB (25m pool): 00:27.75 EEKLO 04/10/2026			PB (50m pool): 00:27.66 SB: 00:27.75 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:27.75	
	00:27.75		
			

Coach feedback:

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Event number: 23: 200M FREESTYLE MEN 15-16							Heat:2, starttime: 15:45	
Heat: 2/6 Lane : 7 Athlete: WOJCIULA TYMON							Q-time: 02:06:89	
PB (25m pool): 02:06.89 EEKLO 04/10/2026				PB (50m pool): 02:12.19 SB: 02:06.89 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.50		01:01.50		no time		02:06.89
	00:28.50		00:33.00					
								

Coach feedback: